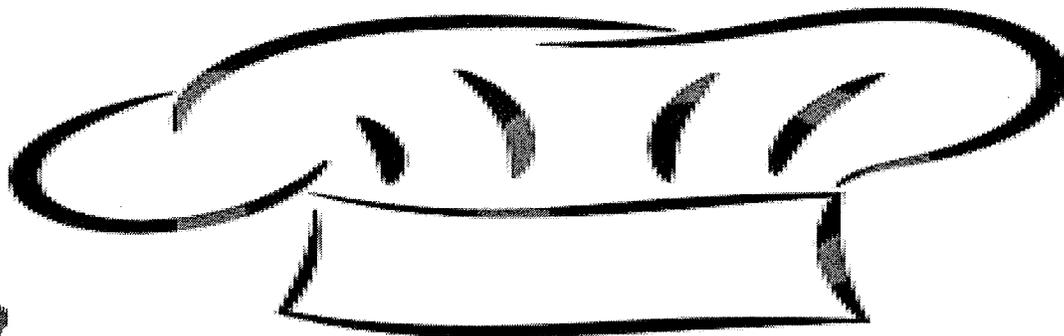
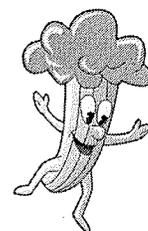


Grace Garden Christian Preschool



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Oct.

2018 WEEK 1

DAY	AM SNACK	LUNCH	PM SNACK
MONDAY 1	*Apple Sauce *Cheese	*Hot Dog *Tortilla Chips *French Fries (R2) *Salad *Bananas *Milk	*Tapioca *Graham Crackers
TUESDAY 2	*Carrots *Ranch Dressing *Saltine Crackers	*Quesadillas w/Cheese & Ham *Salad *Apples *Milk	*Cheese Its *Oranges
WEDNESDAY 3	*Orange Wedges *Graham Crackers	*Fried Rice w/Ground Turkey & Mix Veggies. *Cantaloupe *Milk	*Homemade Carrot Cake w/Shredded Carrots inside
THURSDAY 4	*Peaches *Yogurt	*Ham & Cheese Sandwich *French Fries *Cucumbers *Orange Slices *Milk	*Animal Crackers *Vanilla Yogurt
FRIDAY 5	*Cucumbers *Ranch Dressing *Saltine Crackers	*Macaroni & Cheese w/Ham *Sweet Corn *Apples *Milk	*Popcorn *Raisins

All menus are subject to change; we will always provide a well-balanced nutritious substitute. Water will be offered at all times. "Fresh Fruit" will be the fruit that is in season and will be bought fresh from an approved market weekly/daily.