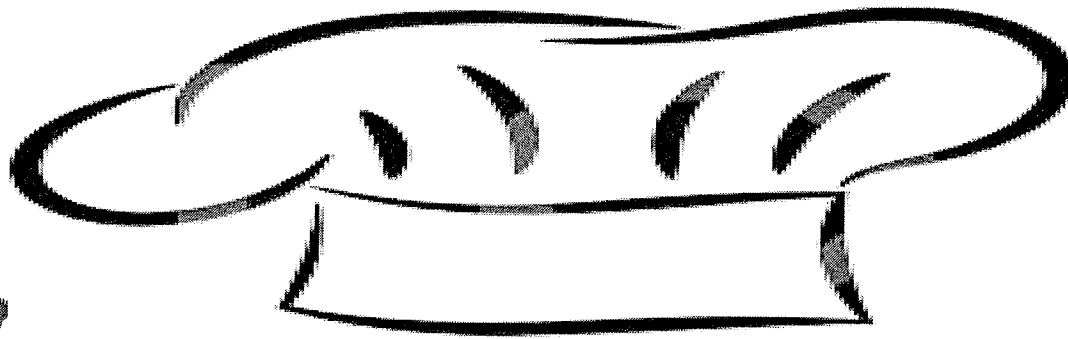
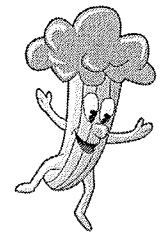


Grace Garden Christian Preschool



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Jan.

2019 WEEK 1

| DAY | AM SNACK | LUNCH | PM SNACK |
|------------------------------|--|--|---|
| MONDAY | *Apple Sauce *Cheese | *Hot Dog *Tortilla Chips *French Fries (R2) *Salad *Bananas *Milk | *Tapioca *Graham Crackers |
| TUESDAY 1 | *Carrots *Ranch Dressing *Saltine Crackers | *Quesadillas w/Cheese & Ham *Salad *Apples *Milk | *Cheese Its *Oranges |
| WEDNESDAY 2 | *Orange Wedges *Graham Crackers | *Fried Rice w/Ground Turkey & Mix Veggies *Cantaloupe *Milk | *Homemade Carrot Cake w/Shredded Carrots inside |
| THURSDAY 3 | *Peaches *Yogurt | *Ham & Cheese Sandwich *French Fries *Cucumbers *Orange Slices *Milk | *Animal Crackers *Vanilla Yogurt |
| FRIDAY 4 | *Cucumbers *Ranch Dressing *Saltine Crackers | *Macaroni & Cheese w/Ham *Sweet Corn *Apples *Milk | *Popcorn *Raisins |

All menus are subject to change; we will always provide a well-balanced nutritious substitute. Water will be offered at all times. "Fresh Fruit" will be the fruit that is in season and will be bought fresh from an approved market weekly/daily.